




## Home Speech and Language Program

### Therapy Ideas

- **Treasure Hunt:** Try to find object that have the child's sound
- **Puzzle Mania:** Child is given one puzzle piece for every correct response
- **Buried Treasure:** Pictures or objects are buried in a box of rice, sand, beans, etc.
- **Jump Rope:** The child jumps rope while saying their target word with every jump
- **Fishing Game:** Make a fishing pole with a dowel, string and magnet. Attach paper clips to pictures and have the child pick them up and name them.
- **Clothespin Drop:** Kneel on a chair and drop clothespins in a jar and say a word with each drop
- **Cereal Paste-Up:** Glue cereal (Froot Loops, Cheerios) to pictures when they are named
- **Guessing Game:** Tape a word to the child's back. Child must guess by asking yes/no questions
- **Hidden Pictures:** Objects/pictures are hidden around the room. With light off, child uses a flashlight to find them and name them.
- **Building Blocks:** Child gets a block for each correct response, then builds something
- **Bowling:** Tape target pictures to bowling pins. Child has to name ones that were knocked over.
- **Memory Game:** Name the matches that you get
- **Feely Box/Bag:** Fill a bag or box with objects/pictures and child names them as they are pulled out
- **Vocabulary Charades:** Act out various target words
- **Go Fish Game**
- **Find the Sound:** Look for things with the target sound inside, outside, when driving, in magazines, etc.
- **Silly Sentences:** Take turns making up silly sentences with the target sound
- **Challenge sentences:** Who can make up a sentence using the most target words?
- **Time Challenge:** Pick a certain time of the day to practice using great speech, such as during dinner.

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- Silly Faces: Make many silly faces with your tongue and lips and use a mirror to gain awareness of the "speech makers."

### Helpful Hints

- Have the child look at you when you are making the correct sound or word.
- Say the target sound or word for the child slowly and over-exaggerate it at the beginning.
- Have a mirror nearby so that the child can see what they are doing with their mouth.
- Model good production of the child's target sound in everyday conversation and over-exaggerate it so that your child can hear it.
- Practice each step many times until you are sure that your child has it mastered before moving on to the next step.

### Speech Steps

- Isolation: have the child produce the target sound all by itself. For example, ssssss, kkkk
- Syllables: Produce the target sound with a vowel sound attached to it at the beginning or the end. For example, kay, key, keigh, ko, ku, ak, eek, ick
- Words: The target sound can be at the beginning, middle or end of words. Typically, sounds are targeted in the initial position first, followed by the final position and finally the medial position.
- Phrases: Target words can be places in carrier phrases such as: I like \_\_\_\_, my \_\_\_\_, eat the \_\_\_\_.
- Sentences: Use the target word in sentences and don't be afraid pack as many target sounds in there as possible!
- Conversation: Have conversations with your child about various topics and be listening for that target sound to pop up!